

Coaches Clinic Notes - Feb 17th at 6pm and Feb 22nd at 10am.

Introduction- My name is Richard Gutierrez, Coach Gute, and I am on the Board of Directors at NLYS as the Director of IT and club Registrar. I have been on the board for about 5-6 years and I have been a coach at all levels for about 10 on the rec side and 5 on the Competitive side.

Review of administrative items – Concussion/Background Check/SafeSport – Photo upload.

You must have your concussion, background check, and SafeSport completed before you begin practice. Endy sent out an email with the instruction on how to do all of that. Some items are good for 1 year and some are good for 2. When you log in @ www.gotsoccer.com it will tell you what you need.

NL United Mentoring program. – NLYS is excited to roll out a new program available to all coaches called the NL United Coaches Mentoring Program. Each Age Group will be assigned NL United Competitive coach that will oversee the age group and be your first line of contact if you have any questions about how to teach a certain drill, what formation to run, rules of the game, how to handle parents and players, or anything else related to the team. They will be available to attend and maybe run a practice for you as well, based on their schedule. They are not there recruiting players or looking at future talent, they are there for you.

Play information – 3v3, 4v4, 7v7, 9v9, 11v11 and game lengths.

U04 – 3v3 - (2) 12 Minute Halves, 1-minute water break after 6 Minutes, 5 Minute Halftime. NO REFS

U06 – 4v4 - (2) 12 Minute Halves, 1-minute water break after 6 Minutes, 5 Minute Halftime. NO REFS

U08 – 4v4 - (2) 20 Minute Halves, 1-minute water break after 10 Minutes, 5 Minute Halftime. 1 REF

U10 – 7v7 - (2) 24 Minute Halves, 1-minute water break after 12 Minutes, 5 Minute Halftime. 3 REFS

U12 – 9v9 - (2) 24 Minute Halves, 1-minute water break after 12 Minutes, 5 Minute Halftime. 3 REFS

U15 – 11v11 - (2) 30 Minute Halves, 1-minute water break after 15 mins, 5 Minute Halftime. 3 REFS

Each team will play 10 games. U04 and U06 will have 10 games on their schedule at the start of the season and will play them that way. U08-U15 will play 8 games and then be seeded 1-X number of teams, with the top 4 advancing to the Semi-Finals of Champions Cup. The 2 winners of the semifinals will play in the Finals. Teams that did not make the Semi Finals, will STILL PLAY BOTH WEEKENDS. The teams that lost the SEMI-FINALS will ALSO play that FINAL weekend. Groups with more than 4 teams, will have the remain teams shuffled over the last 2 weeks and every effort will be made to not have the same team play each other both weekends. Because of this only the first 8 weeks will show on the schedule. The 9th week (SEMI FINAL) will be posted after week 8 is completed. The final week will be posted after the SEMI FINAL week is completed.

Play time – All players MUST play at least 50% of the game. Do not sacrifice playing time for a win. Please do everything in your power to ensure all players play at least 50% of the game. If you happen to have a team that doesn't allow for a clean break. You play 4v4 and have 9 players, do your best to make the times as equal as possible.

Game Results:

Standings and Results will ONLY BE TRACKED for the U8 and above age groups. Each WIN is 3 points and a TIE is 1 point. There are no extra points for SHUTOUTS. Tiebreakers at the end of the season, for seeding, will then go to GOALS AGAINST, then GOALS FOR, then GOAL DIFF, if 2 or more teams are tied. If only 2 are tied then HEAD to HEAD, then GOALS AGAINST, then GOALS FOR, then GOAL DIFF., then COIN FLIP.

Forfeits:

If there are not enough players to play a game, determined but having MINUS 2 from the amount needed to play on the field in the game, it will result in a 3-0 forfeit after 15 mins of waiting. The exact numbers of players needed

to play the game will be announced once the teams are formed. However, the game will still be played by borrowing players from the other team that did show up. It is important to play a game, even if a forfeit has already been awarded.

Weather:

If weather causes any of the games on Saturday to be rained out, we will attempt to get the games in on either the next Tuesday or Thursday based on weather forecast from www.weather.com. If either of those are rained out, we will not make up that game and just continue with the next week's schedule. If it is semi-finals or championship week, we will play those games as soon as possible, even if we must schedule multiple games on the same day.

Cancellations or postponements will be communicated via the NLYS Facebook page (<https://www.facebook.com/NorthLakelandYouthSoccer>) at least 30 mins prior to kick off. NLYS will also instruct the team's coaches to have good contact information for their team and they will also reach out. Games can be played in a light rain if there is NO LIGHTNING in the area. LIGHTNING or HEAVY RAIN will cause the game to be canceled or delayed until the weather passes.

As we try and keep everyone up to date, NLYS has a new RAIN and FIELD STATUS number - 863-400-5999.

Partial Games for SEMI FINAL/FINALS ONLY:

If your GAME HAS STARTED BUT NOT MADE IT TO HALFTIME, THE ENTIRE GAME WILL BE REPLAYED. The games will START OVER at 0-0.

If your GAME HAS STARTED AND MADE IT TO HALFTIME, THE GAME IS FINAL AT THAT TIME.

Special Rules for each group (if any) -

U08 – Goal Box – Scoring is allowed inside the GOAL BOX by the offense. However, we discourage any “goalie” play on the DEFENSE. The defense may not camp out in the box, however if they are playing the ball and enter the box, they can defend the goal.

U08 – OTHER SIDE SCORING – Scoring is NOT allowed from the OFFENSIVE SIDE of the field. This means a player cannot score from their side of the field.

U08 – HAND BALL IN THE BOX – If the DEFENSIVE team gets a HAND BALL in their box, it is an automatic goal for the other team. Regardless if the ball would have gone in or not.

U10 – BUILD OUT LINE – There is a separate hand out that we will go more in depth to this rule.

U04-U12 – NO HEAD ALLOWED – Any time the ball hits a players head, on purpose or not, it will be a free indirect kick for the other team from the spot of the header.

U04-U08 – All Freekicks are INDIRECT kicks. This means that some other player, not the person kicking the ball, has to touch the ball before it can count as a goal.

U04-U06 – Coaches are the REFS for these age groups and should limit the amount of time that they are physically on the field of play if possible. They should try and stay on the sideline as much as possible as to not be in the way while the play is happening.

Coaches Discount Program -

NLYS is proud to announce that any volunteer that steps up to become a Head Coach for our Spring 2020 season and has a child (one child per family) registered to play, will be receiving a \$20 discount.

The discount can be redeemed two ways:

(1) as a voucher (ahead of time) for a coaching class through U.S. Soccer website before the season starts, or (2) as a refund at the end of the season, Mid-May 2020.

To receive the discount, the players registration will have to be paid in full (\$80.00) before the season starts by registering at www.NLYSoccer.org. During registration, please select HEAD COACH under the VOLUNTEER section. NLYS will contact you to find out if you would like to use OPTION 1 or OPTION 2 and then work with you to provide next steps. The refund at the end of the season is to ensure our coaches stay on task, take care of all requirements (i.e. Background checks, Coaches Clinics, etc.) needed throughout the season and remain a coach, in good standing, all season to receive the discount. The discount is NOT tied to WINS and LOSSES but is tied to items like the coach's practice attendance, player experience, coach's organization, communication, and other coach controllable items.

Discounts are limited to 1 player per team. If you have 2 players on the same team, you just get the one discount. However, if you have 2 players on 2 different teams and you step up to Head Coach BOTH of those teams, you can receive 2 discounts.

Additional Training resources – You tube is a create resource for drills as well as your mentors.

Practice Schedules and Manners – The practice schedule will be published on our website. For U10-U15 you will practice between 6:00-7:15pm, for U04-U08 you will have windows available from 6:00-8:30. All practices are MONDAY through FRIDAY. Everyone will get at least one practice and then a second will be given as space is available. Once all the NL United Seasons are completed (Usually mid-March or April) on fields that REC uses, the end times can be adjusted. As of now all U10-U15 fields are reserved for NL United teams from 7:15-9:00. You will see NL United teams warming up on the side of fields starting between 6:30-7:15. Please, be conscience of this time and allow them to move over at 7:15. If there is stuff you still want to work on or have a meeting, you can move to the side of the field they just left from themselves. Any issues should be addressed with Endy Ortiz (NLYSCoaching@gmail.com) or Victor Zuniga (zunigasoccer@aol.com) as soon as possible. Please understand the first week or so of practice will be the most difficult but after that it should run smoothly.

If you have to cancel practice for any NON WEATHER related issue, please contact your team immediately as well as Endy Ortiz (NLYSCoaching@gmail.com) with the reason for the cancellation and reschedule request if needed. We have had coaches in the past that have just cancelled practices and we do not hear about it until the end of the season. This is important to record so we can let the parents know if they have any concerns. As well as maybe get someone to cover your practice that day if you can't make it.

How to contact and speak to Players and Parents.

Communication on the field between players is one of the most, if not the most important thing in soccer. That is also true of Coaches and Parent/Players Communication. Without that, you will not have a successful season and by success, I mean fun and learning of soccer, not wins and losses.

Game Cancellations/Reschedules

If for any reason, other than weather, you need to cancel or reschedule a game, you MUST NOTIFY Endy Ortiz (NLYSCoaching@gmail.com) and Richard Gutierrez (coachgute@gmail.com) with the reason for the change and the teams involved. Again, this allows us to find someone to cover your game if possible as well as look for solutions if a game is cancelled/rescheduled. DO NOT JUST RESCHEDULE YOUR GAME WITHOUT SENDING THE EMAIL. Referees must be scheduled and other items as well.

Field work.

Head to the field and do a quick little passing drill and shooting drill. Try and use PLAY PRACTICE PLAY if time and resources are available.